



MEDICAL ALERT CARDS

CurePSP’s medical alert wallet cards help convey contact information and important information about the PSP, CBD or MSA diagnosis and contraindicated medications, which can be used in emergency situations.

After printing, please cut off the bottom half of the document with the card. Then, fold it across the vertical gray line and then again across horizontal red dotted line in order for it to be wallet-sized.



You may need to contact my family and/or provider for help.

which could make it more difficult for me to think clearly, see, move, walk, swallow and speak.

progressive supranuclear palsy (PSP)

I have a rare brain disease called

MEDICAL ALERT

My name	Date of birth
Home address	Phone number
Emergency contact name	Relationship
Primary care doctor name	Phone number
Neurologist name	Phone number
Allergies/Other medical conditions	

Important information for providers caring for PSP

- Do not abruptly reduce dosage of levodopa or amantadine.
- Avoid:
 - > Haloperidol, olanzapine, aripiprazole and risperidone – Can dangerously aggravate stiffness and slowness and cause severe sedation
 - > Amitriptyline, benzotropine, trihexyphenidyl, oxybutynin, tolterodine, fesoterodine, paroxetine and most tricyclic antidepressants – Can worsen mobility
 - > Diphenhydramine (an antihistamine with anticholinergic effects) – Can worsen mobility
 - > Memantine – Can cause nausea, dizziness and sedation
 - > Metoclopramide and prochlorperazine for nausea/vomiting; instead, use ondansetron, trimethobenzamide or granisetron
- Use with caution:
 - > Pimavanserin, quetiapine and clozapine – Can be used in brief, emergency situations but can cause aggravation of slowness and stiffness
 - > Benzodiazepines (clonazepam, temazepam) and benzodiazepine receptor agonists (zolpidem, eszopiclone) – Can increase risk of falls but can be used if person is chairbound and hypotension is not a risk
- Monitor closely for falls risk, delirium, swallowing difficulty, urinary tract infections and other complications.
- It is helpful if a neurologist (preferably my neurologist) and a rehabilitation therapist are consulted for my care.