

Check List for Medication Reviews

- What problems does the patient report?
- Appropriate indications
 - Why are they on this medication?
 - Do they need to be on it?
 - Can some meds be discontinued?
 - Beers List?
- Appropriate doses – too high or too low
- Drug interactions
- Rating scales completed
- Blood pressure checked, provide BP log
- Labs reviewed relative to meds – request labs
- Cheaper options
- Preventative measures – calcium, MVI, immunizations
- Non-pharmacologic – smoking, weight loss, dietary changes, exercise, caffeine, alcohol, sleep hygiene
- Monitoring parameters recommended
- Referrals – NAMI, MHA, MHC, therapy, PT, CDE